



RESOLUTE RESISTANCE

Class Times

	MORNING	AFTERNOON
MONDAY	5:00am 6:00am 7:00am 9:15am 10:15am Mums & Minis*	4:30pm 5:30pm
TUESDAY	5:00am 6:00am 7:00am 9:15am	4:30pm 5:30pm
WEDNESDAY	5:00am 6:00am 7:00am 9:15am 10:15am Mums & Minis*	4:30pm 5:30pm
THURSDAY	5:00am 6:00am 7:00am 9:15am	4:30pm 5:30pm
FRIDAY	5:00am 6:00am 7:00am 9:15am 10:15am Mums & Minis*	5:00pm
SATURDAY	7:00am 8:00am	

*Mums & Minis classes are 45 minutes. All other classes are 1 hour. Public Holiday opening hours will be displayed on our social media platforms.